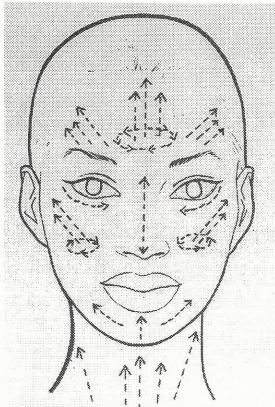
Anne R. Harris

IMAGE CONSULTANT www.imageandyou.com

Creating Beauty - Inside and Out



Cleanse your skin faithfully every morning and evening.

No, you can't skip cleansing your face and expect that chance or Mother Nature will let you scrape by. Even if you don't see accumulated grime and oil on your face, its there – what you don't see will hurt you. Skin that is not clean is skin that is ready to erupt, either in blemishes or in splotches. Unclean skin will not have the glowing aura of healthy skin.

Exfoliate Regularly.

A **Masque** is used to exfoliate the skin and is very helpful in controlling acne. It removes dry flaky skin cells and forces out impurities on the face. Persons with oily skin should Masque two or three times each week; normal to dry once every 7 to 10 days.



The Freshener/Toner is used to clarify and brighten the skin. It freshens and tones removing excess oily secretions.

Moisturize Daily.

Moisture is required of all skin types to protect the skin against harsh weather and pollutants. The Moisturizer softens the skin and helps to prevent age lines. It also helps to prevent make-up from seeping into and clogging the pores. Never go to bed or go outside without your moisturizer.

Makeup
Send the right messages with your makeup.
Find the right colors for you.

